

TECHNICAL DATA:

Season 2023-2024

WOMEN and MEN

Short Program: The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/-10 sec.

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/-10 sec.

JUNIOR WOMEN and MEN

Short Program: The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3, for 2023/2024.

Duration: 2 min.40 sec. +/-10 sec.

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min.30 sec. +/-10 sec.

ADVANCED NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Short Program: 2 min 20 sec, +/-10 sec. Free Skating: 3 min +/-10 sec

INTERMEDIATE NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 3 min, +/- 10 sec

BASIC NOVICE 2010 Girls and Boys

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

BASIC NOVICE 2013 and Younger Girls and Boys

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

INTERCLUB

PRE-CHICKS A Free Skating only, Girls and Boys (2017 and younger) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- c) maximum of two (2) spins of a different nature (minimum of 4 revolutions each)
- d) **one (1) Choreo Sequence consisting of at least two different movements.**

CHICKS A Free Skating only, Girls and Boys (2015/2016) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- c) maximum of two (2) spins of a different nature (minimum of 4 revolutions each)
- d) **one (1) Choreo Sequence consisting of at least two different movements.**

CHICKS Axel Free Skating only (2015/2016) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)
- d) **one (1) Choreo Sequence consisting of at least two different movements.**

Only 1A is allowed in this category and double jumps is not allowed

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

1. In all elements which are subject to Levels, only features up to **Level 2 (Pre-Chicks A and Chicks A) Level 1 (Chicks Axel)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
2. Evaluation is in accordance with ISU Communication No. 2558 (or any update of this Communication).
3. No jump with the same name may be repeated more than twice including Axel type jumps.
4. There shall be no bonus for difficult elements in the second half of the program
5. Time violation - 0.5 point deduction for every 5 seconds in excess.
6. Falls - 0.5 point deduction for every fall
7. Part of the costume/decoration falls on the ice - 0.5
8. Costume/prop violation - 0.5
9. Late start - 0.5

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10. Interruption

- more than 10 sec. up to 20 sec.: -0,5
- more than 20 sec. up to 30 sec.: -1,0
- more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 10 skaters

12. Warm up 4 min.

PRE-CHICKS B Free Skating only, Girls and Boys (2017 and younger) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements.
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps.
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult positions and attempts are not permitted, and spin will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

1 Axel and double (2) jumps are not allowed in pre-chicks b category !

CHICKS B Free Skating only, Girls and Boys (2015/2016) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements.
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps.
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)

d) **one (1) Choreo Sequence consisting of at least two different movements.**

• **1 Axel and double (2) jumps are not allowed in chicks b category !**

CUBS B Free Skating only, Girls and Boys (2013/2014) 2 min. 30 sec., +/- 10 sec.

a) maximum of four (4) jump elements.

b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) maximum of two (2) spins of a different nature (minimum of three (5) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

• **1 Axel and one (1) double jump are allowed not more than two (2) times.**

2Lo, 2F and 2Lz – are not allowed in this category

SPRINGS B Free Skating only, Girls and Boys (2011/2012) 2 min. 30 sec., +/-10 sec.

a) maximum of four (4) jump elements (one of which must be an Axel type jump;)

b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) maximum of two (2) spins of a different nature (minimum of three (5) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

•**Maximum 2 (two) different double jumps are allowed and they cannot be repeated more than twice.**

2A, 2F, 2Lz and 3x (triple jump) – are not allowed in this category

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IMPORTANT!!!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

1. In all elements which are subject to Levels, only features up to **Level Base (Pre-Chicks B, Chicks B, Cubs B), Level 1 (Springs)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. 2558 (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point deduction for every 5 seconds in excess.

6. Falls - 0.5 point (Chicks B, Cubs B, Springs), 0,25 point (Pre-Chicks B) deduction for every fall

7. Part of the costume/decoration falls on the ice - 0.5

8. Costume/prop violation - 0.5

9. Late start - 0.5

10. Interruption

-more than 10 sec. up to 20 sec.: -0,5

-more than 20 sec. up to 30 sec.: -1,0

-more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 10 skaters

12. **Warm up Pre-chicks B, Chicks B 3 min.** Cubs B, Springs 4 min.

NOVICE B Free Skating only 3 min. +/- 10 sec.

Age limits- has reached at least the age of ten (10) - has not reached the age of fifteen (15) before July 1st preceding the event

a). Maximum five (5) jump elements - at least one (1) Axel type jump

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) There must be a maximum of two (2) spins of a different nature. -one of which must be a spin combination with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total) Flying entry is allowed. -one spin with no change of position with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Double Axel and triple jumps are not allowed.

JUNIOR B (age same as Junior A) Free Skating only 3 min., +/- 10 sec.

a) maximum of five (5) jump elements one of which must be an Axel type jump;

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** (Only one jump combination may consist of three (3) jumps); A jump sequence

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consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

2A and triple jumps are not allowed.

SENIOR B (age same as Senior A) Free Skating only 3.30 min., +/- 10 sec.

a) maximum of six (6) jump elements one of which must be an Axel type jump;

b) maximum of three (3) jump combinations or **two (2) jump combinations and one (1) jump sequence**. (Only one jump combination may consist of three (3) jumps); A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

2A and triple jumps are not allowed.

IMPORTANT!!!

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

1. In all elements which are subject to Levels, only features up to **Level 2 (Novice B, Junior B) Level 3 (Senior B)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. **2558** (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point (**Novice B**) deduction for every 5 seconds in excess.

6. Falls - 0.5 point (**Novice B**) deduction for every fall

7. Part of the costume/decoration falls on the ice - 0.5 (Novice B)

8. Costume/prop violation - 0.5 (Novice B)

9. Late start - 0.5 (Novice B)

10. Interruption

-more than 10 sec. up to 20 sec.: -0,5

-more than 20 sec. up to 30 sec.: -1,0

-more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 8 skaters

12. Warm up 5 min.

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PRE-CHICKS C Free Skating only Girls and Boys (2017 and younger) 2 min., +/- 10 sec.

a) maximum of four (4) jump elements.

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination and jump sequence can contain only two (2) jumps

c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult variations spins will be ignored by technical panel and will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Waltz jump is allowed in Pre Chicks C category and has a value 0.20

1 Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed in pre-chicks C category !

CHICKS C Free Skating only Girls and Boys (2015/2016) 2 min., +/- 10 sec.

a) maximum of four (4) jump elements

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination and jump sequence can contain only two (2) jumps

c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult positions and attempts are not permitted, and spin will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Waltz jump is allowed in Chicks C category and has a value 0.20

1Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed

IMPORTANT!!!

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.40

1. In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. 2558 (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.25 point deduction for every 5 seconds in excess

6. Falls - 0.25 point deduction for every fall

7. Interruption – 0,5

7. Part of the costume/decoration falls on the ice - 0.25

8. Costume/prop violation - 0.25

9. Late start - 0.25

10. Warm up group up to 10 skaters

11. **Warm up Pre-chicks C, Chicks C 3 min.**

BEGINNERS 2013 and Younger Girls and Boys Free Program: max. 2:00 min (± 10 sek)

a). Maximum four (4) jump elements.

- at least one (1) and no more than two (2) are jump combinations. Jump combination can contain only two (2) jumps.

b). maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each)

NEW !! NB!!! All spins must contain only BASE POSITIONS. Difficult positions and attempts are not permitted, and spin will have not value.

c) **one (1) Choreo Sequence consisting of at least two different movements.**

Axel and double jumps are not allowed !

Beginners 2011-2012 2008-2010 and 2005-2007 Girls and Boys

Free Program: max. 2:30 min (± 10 sek)

1. Maximum four (4) jump elements

- at least two (2) of them are solo jumps

- **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

2. At least one (1) but not more than two (2) spins of a different nature min. four (4) revolutions.

3. c) one (1) Choreo Sequence consisting of at least two different movements.

Maximum two (2) single (1) Axel and two (2) double jump are allowed

2A , 2Lo, 2F and 2Lz – are not allowed in this category

IMPORTANT!!!

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.40

1 In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. **2558** (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point deduction for every 5 seconds in excess

6. Falls - 0.5 point deduction for every fall

7. Interruption – 0,5

9. Part of the costume/decoration falls on the ice - 0.5

10. Costume/prop violation - 0.5

11. Late start - 0.5

12. Warm up group up to 10 skaters

13. Warm up 3 min.